

Rock Brook School
COVID-19 Protocol for Students

Effective 1/18/22

The following guidelines are subject to change as new information becomes available. Currently, the entire state of New Jersey is considered in the “Very High” risk category for transmission of COVID-19. The RBS learning community includes students from 25 different school districts across 7 different counties. The risk category of sending districts/counties will be factored into all decision making as we move forward.

Section I. Terms and Definitions

Terms	Definitions
COVID-19 Symptoms:	<ul style="list-style-type: none"> ● Cough ● Shortness of Breath or difficulty breathing ● Fever ● Chills ● Muscle pain ● Sore throat ● New loss of taste and/or smell ● Congestion or Runny nose ● Less common but could include: Gastrointestinal symptoms like nausea, vomiting, diarrhea
Close Contact Exposure:	<ul style="list-style-type: none"> ● An exposure is defined as an interaction with a COVID-19 positive person while being within 6 feet for a duration of 15 minutes or more.
Positive COVID Household Member	<ul style="list-style-type: none"> ● An RBS student is presumed positive and needs to follow quarantine guidelines whenever a household member tests positive.
Masking:	<ul style="list-style-type: none"> ● Unless there is a documented medical exemption, all students must wear a <u>well fitting</u> medical grade or KN95 mask that is changed daily. These will be provided by RBS each day until further notice.
Testing:	<ul style="list-style-type: none"> ● At home tests are not acceptable ● Rapid test is acceptable only if result is positive ● PCR tests are required as they are considered the “gold standard” for sensitivity and accuracy ● In the case of a Close Contact Exposure, testing should be completed on day 5 after the last exposure.
Fully Vaccinated:	<ul style="list-style-type: none"> ● According to the (CDC), everyone 5 years and older who receives their primary series of a COVID-19 vaccine is considered fully vaccinated. ● For children 5 through 17 years of age, a primary series consists of 2 doses of the Pfizer-BioNTech COVID-19 vaccine. ● For persons 18 and older, a primary series consists of: <ul style="list-style-type: none"> ○ A 2-dose series of an mRNA COVID-19 vaccine (Pfizer-BioNTech or Moderna), or ○ A single-dose COVID-19 vaccine (Johnson & Johnson’s Janssen vaccine), and ○ a booster shot when eligible (required for age 18 and older)

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Section II. Presenting Issues, Actions, and Timelines

Presenting Issue	Required Actions, Exclusions and Timelines
<p>Symptomatic Students</p>	<ul style="list-style-type: none"> ● Stay home from school and notify RBS Health Office ● Get a COVID-19 test. Please note: ● At home tests are not acceptable. ● Rapid tests are acceptable only under the following two conditions: <ul style="list-style-type: none"> ○ Rapid tests, if positive, students must follow isolation guidelines. ○ Rapid test, if negative, must be confirmed with a PCR test. ○ If still symptomatic after test confirmation, an alternate diagnosis (i.e., strep throat, flu, worsening of chronic illness) by a healthcare provider needs to be provided. ○ Student can return to school when symptoms improve and are fever-free for 24 hours. ● Share test results with the RBS Health Office via email to nurse@rock-brook.org
<p>COVID-19 Positive Test Results</p> <p style="color: red;">Symptomatic</p>	<p>Child may return to school under the following conditions:</p> <ul style="list-style-type: none"> ● 10 days of isolation from the day of positive results for students who are unable to wear a mask throughout the day ● 7 days of isolation for those students who are able to maintain a mask throughout the day. ● Student must be fever free for 24 hours without the use of fever reducing medication after isolation period ● May return to school only with RBS Health Office clearance via email or phone call.
<p>COVID-19 Positive Test Results</p> <p style="color: red;">Asymptomatic</p>	<p>Child may return to school under the following conditions:</p> <ul style="list-style-type: none"> ● 10 days of isolation from the day of positive results for students who are unable to wear a mask throughout the day ● 7 days of isolation for those students who are able to maintain a mask throughout the day. ● <u>If they become symptomatic during the isolation period, then the isolation period resets with the first day of symptoms becoming Day 0. A new isolation period begins.</u> ● May return to school only with RBS Health Office clearance via email or phone call.

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Close Contact Guidelines	
Presenting issue	Required Actions, Exclusions and Timelines
<p>Close Contact Exposure:</p> <p>Symptomatic</p> <p>NEGATIVE Test Results</p>	<ul style="list-style-type: none"> ● PCR Test immediately upon symptoms ● 5 days quarantine from first day of known exposure ● Return on day 6 with improvement of symptoms ● Clearance from RBS Health Office required ● Proof of Negative COVID-19 test & alternative diagnosis from healthcare provider sent to health office prior to return
<p>Close Contact Exposure:</p> <p>Asymptomatic</p> <p>NO QUARANTINE REQUIRED</p>	<ul style="list-style-type: none"> ● All students who are <u>fully vaccinated</u> <ul style="list-style-type: none"> ○ All students ages 5-17 who have completed the primary series of COVID-19 vaccines. ○ All students 18 & older who completed the primary series of COVID-19 vaccines and booster, and any additional primary shots for those immunocompromised. ● Test 5 days after the last exposure ● All students who had a confirmed positive COVID-19 test within the last 90 days. (No testing required) ● Return to school ● If they test positive or they become symptomatic the isolation begins the first day after test results or at the start of symptoms.
<p>Close Contact Exposure:</p> <p>Asymptomatic</p> <p>QUARANTINE REQUIRED</p>	<ul style="list-style-type: none"> ● All students who are <u>NOT vaccinated</u> <ul style="list-style-type: none"> ○ All students 18 and older who have received primary series of COVID 19 vaccines but have NOT received a booster shot ● Test 5 days after the last exposure ● Return to school ONLY if test is Negative and Asymptomatic ● Must have RBS Health Office clearance to return Or ● No Test & asymptomatic may return on day 11 after exposure