

# ROCK BROOK SCHOOL

## HEALTH SERVICES

Dear Parents/ Guardians:

We hope you have a safe and healthy summer. This letter includes some very important information for the 2018 – 2019 school year from the nurse's office.

### **MEDICATION FORM**

Please fill out a new medication form if your child will be taking **any** medication in the nurse's office during the 2018 – 2019 school year. It will need to be signed by you and your doctor. All medications must be sent to school in the original bottle and labeled correctly. You can find this form on the Rock Brook web site or request one from us.

### **ALLERGY/ASTHMA /SEIZURE ACTION PLAN FORMS**

If your child has a food or insect allergy or asthma that may warrant the use of rescue medication during the school year, please read this notice carefully. The New Jersey State Law requires that physicians complete and sign an Allergy Action Plan and/or and Asthma Treatment Plan for their patients with life threatening allergies or asthma who may require use of an inhaler or Epinephrine during the day while at school.

If we already know about your son or daughter's asthma or allergy, we have included the form to be filled out by you and your doctor. If we are not aware of your child's allergy or asthma, please call us and we will send you the form in the mail or you can access these forms on the Rock Brook website as well.

In order to maintain a safe and healthy environment for your child, all paper work (and any medications you wish to store in the health office during the school year) must be submitted to the health office before the first day of school in July if your child is attending the Extended School Year Program or if not before the first day of school in September. Please print the pertinent required form(s) and take them with you to your child's doctor's appointment for completion.

Do not hesitate to call with any questions.

Sincerely,

Lisa Mantz RN CSN, Rock Brook School Nurse

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